



YCB

YOUR CHOICE BEHAVIORAL

Company Mission

YCB provides individualized service to adults and children that enable them to recognize their strengths and teaching them proactive life strategies to overcome life challenges that surround their lives. Our belief is that building a therapeutic provider/client relationship is the most effective method to assist the client in learning positive proactive behavioral modifications.

Therapeutic Mission

Our therapeutic mission is to keep our clients centered so each client can process information based on their individualized learning style. With licensed clinical staff and mental health associates conducting our programs we are able to use auditory, visual, kinetic, and linguistic learning techniques to reinforce positive proactive behavioral modification.

Your Choice Behavioral

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"Helping Our Community Make
Better Life Choices"



yourchoicebehavioral.com



Clinical Treatment Services

- Mental Health Assessments
- Individual / Family Therapy
- Group Therapy : Anger Management and Substance Abuse

Community Based Services

Intervention skills taught by highly trained QMHP, QMHA, & QBA staff.

Basic Skills Training

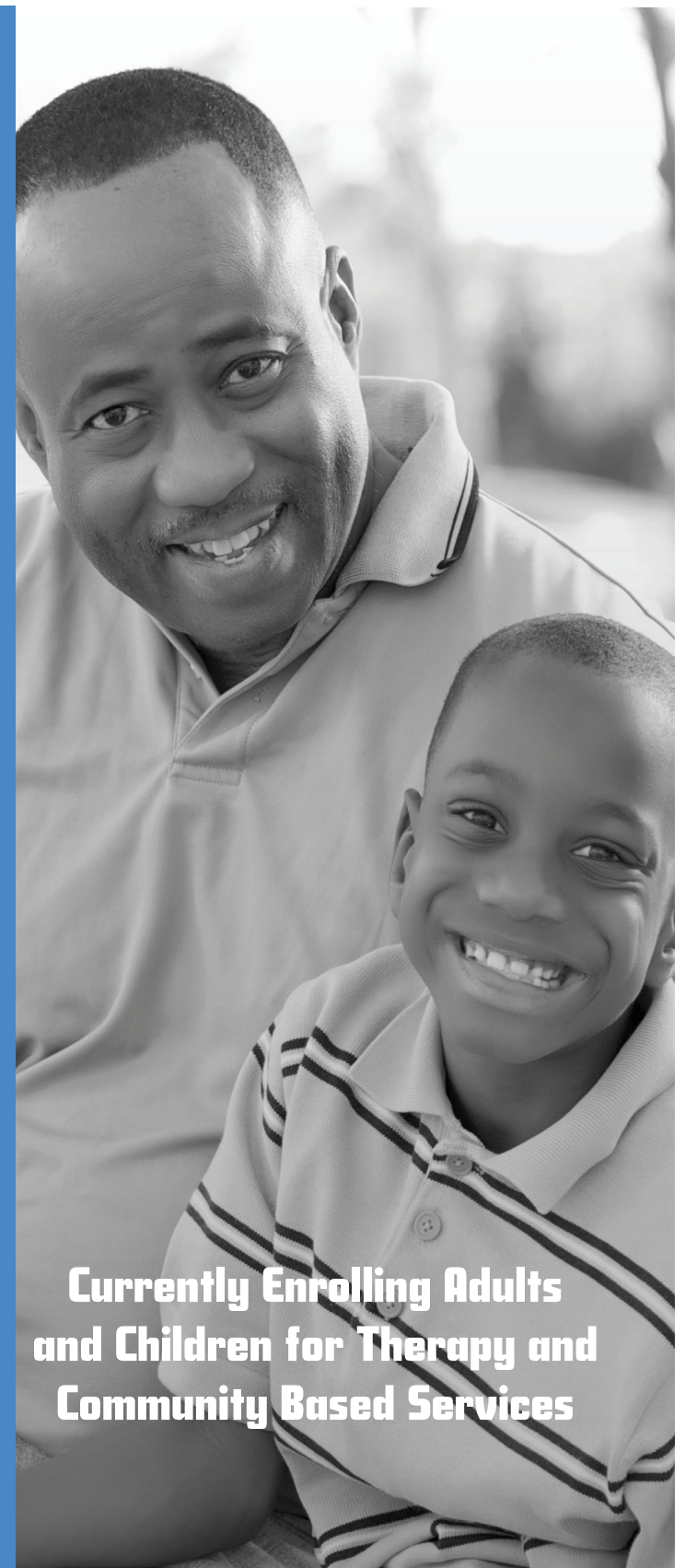
QBA'S teach concrete intervention basic living skills training in the community or home setting. The goal is to facilitate the individual's restoration to an optimal level of independent functioning in the community and home. These interventions include, but are not limited to Social skills, Problem solving, Basic Living Skills, Parent Training, Personal safety, Self-care, Organizational skills, Time management, and Transitional Living skills.

Psychosocial Rehabilitation

Qualified mental health associates teach concrete intervention psychosocial rehabilitation skills training in the community or home setting. The goal is to facilitate the individual's restoration to an optimal level of independent functioning in the community and home. These interventions include but are not limited to behavioral management, social skills, problem identification and resolution, effective communication, moral guidelines and judgement, identity and emotional intimacy with peers and others, self-reliance, and life goals.

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**Currently Enrolling Adults
and Children for Therapy and
Community Based Services**